

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

M O N D A Y			
January 30			
SOUPS & DIPS			
ww	Chicken Noodle Soup (LF) ww Ten Vegetable Soup (GF) (LF)	6.99	ea
ww	Low Fat Split Pea Soup (LF) (LC)	6.99	ea
ww	Superfood Vegetable Soup (LF) (LC)	6.99	ea
	Chicken & Rice Soup	6.99	ea
SALADS			
	Courtney's Tuna Salad (LC)	14.99	lb
	Reduced Fat Tuna Salad (LC)	14.99	lb
	Terry's Chicken Salad (LC)	14.99	lb
ww	Tomato, Cucumbers & Olive Salad	10.99	lb
ENTREES & SIDE DISHES			
ww	Grilled Athenian Chicken Breast	16.99	lb
	Turkey Fajita Peppers	11.99	lb
ww	Keto Moroccan Lamb Tagine	16.99	lb
ww	Low Fat Black Bean Lasagna (LF)	11.99	lb
	Kale & Artichoke Stuffed Shells	11.99	lb
ww	Chicken Burgers (LC) (LF)	12.99	lb
	Mini Cheeseburgers	3.49	ea
ww	Parmesan Herb Cauliflower	10.99	lb
	Mashed Potatoes & Butternut Squash	8.99	lb
PASTRIES			
	3" Chocolate Sour Cream Layer Cake	7.99	ea
	Croissant Bread Pudding with Caramel Sauce	7.99	lb
	Mini Dutch Apple Cake	5.99	ea
	Mini Farmer's Market Rustic Tart	5.99	ea
	Lemon Raspberry Cake Squares with Cream Cheese Frosting	4.99	ea
	Peanut Butter Sandwich Cookies	17.99	lb
	Brownies	17.99	lb
	Caramel Brownies	17.99	lb
	Black & White Squares Lemon Bars	17.99	lb

W E D N E S D A Y			
February 1			
SOUPS & DIPS			
ww	Chicken Enchilada Soup	6.99	ea
	Cauliflower Gruyere Soup	6.99	ea
SALADS			
	Courtney's Tuna Salad (LC)	14.99	lb
ww	Bang Bang Shrimp Salad (LF) (LC)	19.99	lb
	Honey Wheatberry Salad	10.99	lb
ENTREES & SIDE DISHES			
	BBQ Chicken Kabobs (LF)	11.99	ea
	Greek Style Marinated Turkey Breast (LC)	17.99	lb
ww	Conor's Mom's Shepherd's Pie	10.99	lb
ww	Vegetarian Eggplant Meatballs (LF)	11.99	lb
	Southern Fried Chicken Sliders	4.49	ea
ww	Baby Vegetable Medley (LC)	12.99	lb
	Mashed Potatoes & Gravy	7.99	lb
PASTRIES			
	10" Heavenly Chocolate Cake	7.99	lb
	3" Lemon Cloud Cake	7.99	ea
	Mini Vanilla Swirl Pound Cake	5.99	ea
	French Strawberry Rhubarb Streusel Slice	4.99	ea
	Mama K's Carrot Cake Squares	4.99	ea
	Valrhona Chocolate Pudding Clemente's Rice Pudding	4.49	ea
	Conversation Heart Cookies	4.99	ea
	Mini Heart Shaped Shortbread Cookies	17.99	lb
	Valentine's Confetti Cookies	17.99	lb
	Salted Triple Chocolate Brownie Batter Cookies	17.99	lb
	Crazy Good Bars	17.99	lb

T U E S D A Y			
January 31			
SOUPS & DIPS			
	Hearty Sweet Potato Clam Chowder (GF)	6.99	ea
ww	Hummus (GF)	5.99	ea
SALADS			
	Courtney's Tuna Salad (LC)	14.99	lb
	Chopped Asparagus Salad	10.99	lb
ENTREES & SIDE DISHES			
	Chicken Milanese	16.99	lb
	Frank's Chicken & Rice Stew	11.99	lb
ww	Vegan Rigatoni Bolognese (LF)	11.99	lb
	Scott's Parmesan Corn Risotto	10.99	lb
	Risa's Turkey Burgers (LC)	12.99	lb
	Mini Ham & Brie Sandwiches	4.49	ea
ww	Balsamic Roasted Brussels Sprouts	10.99	lb
	Jumbo Potato with Three Cheeses	5.99	ea
PASTRIES			
	Mini Apricot Raspberry Peach Cobbler Pie	7.99	ea
	Angel Food Cake Trifle	7.99	ea
	Mini Chocolate Éclair	3.99	ea
	Tea Breads (Banana, Zucchini)	7.99	ea
	Foodstuffs Pound Cake	18.99	ea
	No Bake Monster Peanut Granola Bar Bites	17.99	lb
	Almond Crescents	17.99	lb
	Mexican Wedding Cookies	17.99	lb
	Monster Bars	17.99	lb

T H U R S D A Y			
February 2			
SOUPS & DIPS			
ww	Turkey, Cannellini & Bean Soup (GF) (LF)	6.99	ea
	Artichoke & Spinach Dip (LC) (GF)	6.99	ea
ww	Carolina Crab Dip	6.99	ea
SALADS			
	Courtney's Tuna Salad (LC)	14.99	lb
	Reduced Fat Tuna Salad (LC)	14.99	lb
	Terry's Chicken Salad (LC)	14.99	lb
	Vegan Spicy Tofu	13.99	lb
ENTREES & SIDE DISHES			
	Thai Rice Noodles with Shrimp	19.99	lb
	Curry Chicken	12.99	lb
	Kung Pao Beef	14.99	lb
ww	Spinach Feta Chicken Burgers (GF)	12.99	lb
	Butternut Squash Mac & Cheese	9.99	lb
	Mini Lobster Rolls	9.99	ea
	Mini Cheeseburgers	3.49	ea
	Samosas	2.99	ea
PASTRIES			
	Mini Banana Cream Pie	8.99	ea
	Mini Key Lime Cheesecake	8.99	ea
	Mini Salted Caramel Custard Meringue Tart	6.99	ea
	Tres Leche Cake Slice	4.99	ea
	Valentine's Pinwheel Shortbread Cookies	17.99	lb
	Gluten Free Brownies	17.99	lb
	Karen Malkin's Raw Cranberry Oat Bars	17.99	lb

SIGN UP FOR OUR VALENTINE'S DAY RAFFLE!
THE WINNER WILL RECEIVE A GIFT BASKET VALUED AT \$100!
VISIT ANY OF OUR FOODSTUFFS LOCATIONS FROM
JANUARY 20 TO FEBRUARY 9 TO PARTICIPATE.

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

FRIDAY February 3	
SOUPS & DIPS	
Chicken & Basil Chili	6.99 ea
Tomato Wild Rice Soup	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
Thai Brussels Sprouts Crunch Salad	10.99 lb
ww Orzo & Feta with Lemon Caper Dressing	10.99 lb
Old Fashioned Egg Salad (LC)	10.99 lb
ENTREES & SIDE DISHES	
No Carb Parmesan Chicken Brest (LC)	16.99 lb
Keto Fried Chicken Tenders (NEW)	16.99 lb
Shrimp & Corn Fritters with Red Pepper Aioli	19.99 lb
Wild Mushroom Ravioli w/ Oven Roasted Tomatoes & Nut Free Pesto	11.99 lb
Risa's Turkey Burgers (LC)	12.99 lb
Mini Tenderloin Sandwiches	6.99 ea
ww Grilled Vegetable Medley	11.99 lb
Potato Pancakes	3.99 ea
PASTRIES	
6" Triple Chocolate Mousse Cake	29.99 ea
6" Banana Chocolate Chip Cinnamon Cake	19.99 ea
3" Coconut Pecan Cake	7.99 ea
Mini Baked Peach Tart	5.99 ea
Chocolate Chip Donut Muffin Cake Bites	17.99 lb
Keith's Mandel Brot	17.99 lb
Valentine's Buttercream Cookies	17.99 lb
Mini Mini Chocolate Chip Cookies	14.99 pk
Puppy Chow	15.99 lb
FOLLOW US ON INSTAGRAM @FOODSTUFFS_GOURMET	

FOODSTUFFS FAMOUS COOKIES & SCONES	
MONDAY - SATURDAY	
Chocolate Chip Cookies	2.99 ea
MONDAY	
Chocolate Chip Scones	2.49 ea
TUESDAY	
Apricot Scones	2.49 ea
WEDNESDAY	
Butterscotch Scones	2.49 ea
THURSDAY	
Chocolate Chip Scones	2.49 ea
FRIDAY	
Apricot Scones	2.49 ea
Oatmeal Raisin Cookies	2.99 ea
SATURDAY	
Butterscotch Scones	2.49 ea
Oatmeal Raisin Cookies	2.99 ea
JOIN FOODSTUFFS SANDWICH CLUB! PURCHASE 12 SANDWICHES AND GET YOUR NEXT GOURMET SANDWICH FREE!	

SATURDAY February 4	
DIPS	
ww Chicken Vegetable Tortilla Soup	6.99 ea
Spicy Hummus	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
ww Grilled Corn & Arugula Salad	10.99 lb
ENTREES & SIDE DISHES	
Thai Drunken Zucchini with Chicken	13.99 lb
ww Chicken Enchiladas	3.99 ea
ww Vodka Rigatoni with Turkey Meatballs	11.99 lb
Mini Flank Steak Quesadillas	10.99 lb
Baked Gnocchi with Goat Cheese & Marinara	11.99 lb
Mini Buffalo Chicken Sliders	4.49 ea
Spinach & Feta Pie	4.99 ea
Falafel	1.29 ea
PASTRIES	
Mini Blueberry Lattice Pie	7.99 ea
Mini Goopy Butter Cake	5.99 ea
Mini Reese's Peanut Butter Cup Pound Cake	5.99 ea
Glazed Apple Pie	4.99 ea
Danish Salted Butter Cookies	17.99 lb
SUPER BOWL & VALENTINE'S DAY MENUS AVAILABLE IN STORES & ONLINE!	

FOODSTUFFSCATERING.COM LEARN ABOUT EVERYTHING OUR EVENTS & CATERING DIVISION HAS TO OFFER - FROM WEDDINGS, MITZVAHS & PRIVATE EVENTS TO BUSINESS DINING AND BEYOND - VIEW MENUS, A GALLERY OF IMAGES AND MORE.
--

GLENCOE 338 Park Avenue Glencoe, IL 60022 (847) 835-5105 Store Hours: MON - SAT 10:00 - 5:00 SUN Closed EVANSTON 2106 Central Street Evanston, IL 60201 (847) 328-7704 Store Hours: MON - SAT 10:00 - 5:00 SUN Closed GLENVIEW 1456 Waukegan Road Glenview, IL 60025 (847) 832-9999 Store Hours: MON - SAT 10:00 - 5:00 SUN Closed LAKE FOREST 255 E. Westminster Lake Forest, IL 60045 (847) 234-6600 Store Hours: MON - SAT 10:00 - 5:00 SUN Closed
