

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

M O N D A Y		
October 13		
SOUPS & DIPS		
Chicken Noodle Soup (LF) Greek Chicken & Orzo Soup (LF)	6.99	ea
Low Fat Split Pea Soup (GF) (LF)	6.99	ea
New Orleans Style Gumbo	6.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	15.99	lb
Reduced Fat Tuna Salad (GF) (LC)	15.99	lb
Terry's Chicken Salad (LC)	15.99	lb
Chopped Salad	11.99	lb
Sesame Noodles	11.99	lb
ENTREES & SIDE DISHES		
Grilled BBQ Chicken Breast	17.99	lb
Shrimp Etouffee	19.99	lb
Cheesy Baked Butternut Squash	12.99	lb
Chicken Burgers	13.99	lb
Mini Cheeseburgers	3.99	ea
Roasted Cauliflower, Green Beans & Mushrooms	12.99	lb
Mashed Potatoes & Butternut Squash	9.99	lb
PASTRIES		
3" Black & White Polka Dot Cake	9.99	ea
Mini Rustic Peach Tart	5.99	ea
Mini Milky Way Pound Cake	6.99	ea
Banana Butterscotch Cake Squares with Cream Cheese Frosting	5.99	ea
Danish Salted Butter Cookies	19.99	lb
Brownies Caramel Brownies	19.99	lb
Black & White Squares Lemon Bars	19.99	lb

W E D N E S D A Y		
October 15		
SOUPS & DIPS		
Curried Chicken & Rice Soup (LF)	6.99	ea
Sun-Dried Tomato Feta Dip (GF)	6.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	15.99	lb
Low Fat Thai Chopped Chicken Salad (LF) (LC)	15.99	lb
Mediterranean Salad	11.99	lb
ENTREES & SIDE DISHES		
Grilled Chicken Breast & Artichoke Skewers	12.99	ea
Beef Stew	11.99	lb
Eggplant Rotolini	12.99	lb
Southern Fried Chicken Sliders	4.99	ea
Spinach Parmesan	12.99	lb
Mashed Potatoes & Gravy	8.99	lb
PASTRIES		
10" Smith Island Chocolate Cake	8.99	lb
3" Chocolate Explosion Cake	9.99	ea
Fresh Raspberry Lemon Curd Slice	6.99	ea
Halloween Ding Dongs	5.99	ea
Mama K's Carrot Cake Squares	5.99	ea
Valrhona Chocolate Pudding Butterscotch Pudding	4.99	ea
Jack O' Lantern Cookies	5.99	ea
Mini Halloween Shortbread Cookies	19.99	lb
Caramel Thumbprints	19.99	lb
Laura's Dream Blondies	19.99	lb

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T U E S D A Y		
October 14		
SOUPS & DIPS		
Cauliflower Gruyere Soup	6.99	ea
Hummus (GF)	5.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	15.99	lb
Edamame Fried Rice	11.99	lb
Beet & Mango Salad (LF)	11.99	lb
ENTREES & SIDE DISHES		
Turkey Milanese	18.99	lb
Mini Carne Asada Burritos	11.99	ea
Chicken Enchiladas	3.99	ea
Cauliflower Fritters with Red Pepper Aioli	12.99	lb
Risa's Turkey Burgers (LC)	13.99	lb
Parmesan Roasted Carrots	11.99	lb
Garlic Smashed Baby Potatoes	10.99	lb
PASTRIES		
Mini Triple Berry Pie	8.99	ea
Tiramisu Trifle	7.99	ea
Mini Rocky Road Tart	6.99	ea
Tea Breads (Banana Chocolate Chip, Pumpkin Cream Cheese)	8.99	ea
Foodstuffs Pound Cake	19.99	ea
No Bake Monster Peanut Granola Bar Bites	19.99	lb
Mexican Wedding Cookies	19.99	lb
Almond Crescents	19.99	lb
Monster Bars	19.99	lb

T H U R S D A Y		
October 16		
SOUPS & DIPS		
Kale & White Bean Soup (GF) (LF)	6.99	ea
Artichoke & Spinach Dip (LC) (GF)	6.99	ea
Carolina Crab Dip	7.99	ea
T H U R S D A Y		
Courtney's Tuna Salad (GF) (LC)	15.99	lb
Reduced Fat Tuna Salad (GF) (LC)	15.99	lb
Terry's Chicken Salad (LC)	15.99	lb
Vegan Spicy Tofu	14.99	lb
ENTREES & SIDE DISHES		
Szechuan Beef & Broccoli	15.99	lb
Mu Shu Chicken Patties (LF) (LC)	13.99	lb
Butternut Squash Risotto (LF)	12.99	lb
Sesame Sugar Snap Peas (LF) (LC)	12.99	lb
Mini Lobster Rolls	9.99	ea
Mini Cheeseburgers	3.99	ea
Samosas	3.49	ea
PASTRIES		
Mini Cherry Cobbler Pie	8.99	ea
Mini NY Style Cheesecake with Fresh Strawberries	9.99	ea
Magali's Pumpkin Flan	3.99	ea
Mini Fudge Stuffed Chocolate Chip Cookies	19.99	lb
Dark Chocolate Cranberry Pecan Bark	24.99	lb
Salted Caramel S'mores Bark	24.99	lb
Taffy Apples w/ Nuts Taffy Apples	7.99 ea 6.99	ea
Assorted Rugelach	10.99	pk
Gluten Free Brownies	19.99	lb

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Foodstuffs

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FRIDAY October 17	
SOUPS & DIPS	
Chicken & Black Bean Chili (GF)	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	15.99 lb
Greek Crunchy Chickpea Salad	11.99 lb
Pasta Salad with Green Goddess Dressing	11.99 lb
Roxi's Egg Salad (LC)	12.99 lb
ENTREES & SIDE DISHES	
Grilled BBQ Chicken Breast	17.99 lb
Asiago Gnocchi with Tye-Dye Sauce	12.99 lb
Risa's Turkey Burgers (GF) (LC)	13.99 lb
Mini Tenderloin Sandwiches	7.99 ea
Pulled Smoked BBQ Brisket Sliders	4.99 ea
Grilled Vegetable Trio	12.99 lb
Baby Twice Baked Potatoes	10.99 lb
PASTRIES	
3" Champagne Truffle Cake	9.99 ea
6" Sour Cream Cinnamon Coffeecake	19.99 ea
3" Halloween Confetti Cake	8.99 ea
Mini Chocolate Covered Raspberry Mousse Cake	7.99 ea
Petit Pecan Pie	3.99 ea
Mini Oreo Peanut Butter Bombs	19.99 lb
Karen Plowden's Ginger Snap Sandwich Cookies	19.99 lb
Foodstuffs Buttercream Cookies	19.99 lb
Mini Mini Chocolate Chip Cookies	16.99 pk
Puppy Chow	19.99 lb

SATURDAY October 18	
SALADS	
Courtney's Tuna Salad (GF) (LC)	15.99 lb
ENTREES & SIDE DISHES	
Coconut Chicken Skewers	3.99 ea
General Tso's Stir Fry Chicken	14.99 lb
Spaghetti with Turkey Meatballs	12.99 lb
Quesabirria Quesadillas	4.99 ea
Falafel Sliders	4.99 ea

BACK FROM THE DEAD!!
THIS OCTOBER, WE'RE
SUMMONING YOUR FAVORITE
SANDWICHES FROM THE GRAVE.
GET READY FOR A HAUNTINGLY
GOOD MEAL!



FALL INTO HOLIDAY PLANNING

It's not too early to plan your year-end celebration or client gifts. Let's make it unforgettable, stress-free.

Scan to get a head start on holiday catering and corporate gifts.

ELEVATE YOUR EVENT WITH FOODSTUFFS EVENTS & CATERING

FOODSTUFFS FAMOUS COOKIES & SCONES	
MONDAY - SATURDAY	
Chocolate Chip Cookies	3.49 ea
MONDAY	
Apricot Scones	2.99 ea
TUESDAY	
Chocolate Chip Scones	2.99 ea
WEDNESDAY	
Cranberry Lemon Scones	2.99 ea
THURSDAY	
Apricot Scones	2.99 ea
FRIDAY	
Chocolate Chip Scones	2.99 ea
Oatmeal Raisin Cookies	3.49 ea
SATURDAY	
Cranberry Lemon Scones	2.99 ea
Oatmeal Raisin Cookies	3.49 ea

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