

vegetarian paninis

- **via's panini** 10.99
sun-dried tomato spread, marinated tomatoes, baby spinach, artichoke hearts, nut-free pesto and fresh mozzarella cheese on country french bread
- **adult grilled cheese** 10.99
wisconsin cheddar cheese, wisconsin provolone cheese, nut-free pesto and tomatoes grilled on panini bread
add avocado ¼ - .99 | ½ - 1.99
add bacon for 2.99

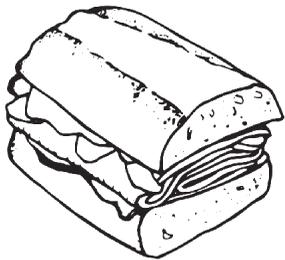
vegetarian

- **pomodori alla mozzarella** 10.99
fresh mozzarella cheese stacked with sliced tomatoes on a demi baguette with fresh basil, nut-free pesto and cracked black pepper
add avocado ¼ - .99 | ½ - 1.99
- **vegetarian** 11.99
your choice of vegetables, avocado, hummus, roasted red pepper spread (contains nuts), and fresh basil on your choice of bread
- **the santorini** 11.99 **NEW!**
avocado, cucumber, red onion, spinach, olive tapenade, hummus, feta cheese and tzatziki sauce on naan bread
add grilled chicken for 3.99

- sandwich extras - add an additional portion of:

grilled all-natural chicken breast	3.99
terry's chicken salad	3.99
courtney's tuna salad	3.99
meats	2.99
bacon	2.99
avocado	¼ .99 ½ 1.99
marinated tomatoes	.99
balsamic marinated mushrooms	.99
roasted red peppers	.99
brie & mozzarella cheese	1.29
cheese (except brie & mozzarella)	1 slice .49 2 slices .99
dressings/sauces	.50

FOODSTUFFS GRILLED CHICKEN
& ROASTED TURKEY BREASTS ARE



HORMONE
& CAGE FREE

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build-your-own - 11.99 vegetarian - 10.99

1 meats **choose one**

bacon	grilled all-natural chicken breast
bavarian ham	roasted turkey breast
courtney's tuna salad	black forest salami
roast beef	smoked turkey breast
capicola	terry's chicken salad

2 vegetables part 1 **choose one**

**for vegetarian sandwiches, please choose two*

marinated tomatoes	roasted red peppers
avocado	grilled onions
artichoke hearts	marinated mushrooms

3 vegetables part 2 **choose as many as you like**

romaine	arugula
baby spinach	baby greens
corn	cucumbers
tomatoes	red onions
bell peppers	pickles
fresh basil	pickled onions
carrots	olives

4 cheeses **choose one**

wisconsin cheddar	cream cheese & chives
feta	wisconsin provolone
wisconsin swiss	fresh mozzarella
havarti	goat cheese
brie	
wisconsin blue cheese	

5 breads **choose one**

harvest grain bread	buttercrust
country french	harvest grain ciabatta
black bread	tomato focaccia
flour/wheat/spinach tortilla	demi baguette
gluten free tortilla	croissant
panini bread	sourdough
italian bread	

6 condiments **choose up to two**

artichoke spinach spread	grainy mustard
balsamic vinaigrette	honey mustard
bbq sauce	horseradish cream sauce
blue cheese dressing	hummus
buffalo sauce	mayonnaise
caesar dressing	pepperoncini peppers
chipotle mayonnaise	pesto (nut-free)
country honey dijon	ranch dressing
cranberry chutney	red pepper spread (contains nuts)
dijon mayonnaise	sun-dried tomato spread
ginger soy dressing	yellow mustard
giardiniera	

chicken *CAGE & HORMONE-FREE*

- **chicken club** 11.99
grilled all-natural chicken breast, bacon, avocado, romaine, tomatoes and ranch dressing on harvest grain ciabatta
- **godzilla wrap** 11.99
grilled all-natural chicken breast with avocado, white rice, carrots, crispy onions, cilantro and ginger soy dressing wrapped in a flour tortilla
- **buffalo chicken wrap** 11.99
grilled all-natural chicken breast, blue cheese dressing, romaine and buffalo sauce wrapped in a flour tortilla
- **chicken caesar wrap** 11.99
grilled all-natural chicken breast, romaine, parmesan cheese and caesar dressing wrapped in a flour tortilla
- **santa fe** 11.99
grilled all-natural chicken breast, tomatoes, romaine, scallions, corn, pepperoncini peppers, wisconsin cheddar cheese, tortilla strips, fajita seasoning and chipotle mayonnaise wrapped in a flour tortilla

roast beef *MIDWEST RAISED & HORMONE-FREE*

- **black angus** 11.99
roast beef with cream cheese & chives, tomatoes and arugula on black bread
- **horsy beef** 11.99
roast beef, horseradish cream sauce, wisconsin cheddar cheese, grilled onions, arugula and tomatoes on country french bread
- **foodstuffs stampede** 11.99 **NEW!**
roast beef, grainy dijon mustard, wisconsin cheddar cheese, romaine lettuce and tomatoes on harvest grain bread

pork

- **j.b. wich** 11.99
bavarian ham, wisconsin swiss cheese, romaine, tomatoes, and honey mustard on country french bread

- **sicilian classico** 11.99
bavarian ham, capicola, wisconsin provolone cheese, romaine, onions, tomatoes, pepperoncini peppers, topped with freshly ground pepper, oregano, red wine vinegar and olive oil on italian bread

turkey *CAGE & HORMONE-FREE*

- **californian** 11.99
foodstuffs roasted turkey breast and havarti cheese with dijon mayonnaise, avocado, romaine and tomatoes on harvest grain bread
- **mr. bill** 11.99
your choice of foodstuffs roasted or smoked turkey breast with wisconsin swiss cheese, romaine, tomatoes, red onions, honey mustard and our roasted red pepper spread (contains nuts) on country french bread
- **chipotle club** 11.99
roasted turkey breast with bacon, avocado, romaine, tomatoes, red onions, pickles, wisconsin provolone cheese and chipotle mayonnaise on a demi baguette
- **soprano** 11.99
smoked turkey breast, marinated tomatoes, fresh mozzarella cheese, fresh basil and our artichoke spinach spread on country french bread
- **turkey croissant** 11.99
foodstuffs roasted turkey breast with avocado, bacon, romaine, tomatoes and mayonnaise on a flaky croissant
- **simon says** 11.99
roasted turkey breast with wisconsin provolone cheese, baby greens, tomatoes, nut-free pesto, mayonnaise, red wine vinegar, olive oil, basil and black pepper on a demi baguette

seafood

- **loco's tuna wrap** 11.99
courtney's tuna salad with corn, avocado, wisconsin cheddar cheese, tortilla strips and giardiniera rolled into your choice of tortilla
- **sorry charlie** 11.99
courtney's tuna salad with romaine, tomatoes and cucumbers on harvest grain bread
add avocado ¼ - .99 | ½ - 1.99

substitutions will be an additional charge

paninis

- **tammy** 11.99
smoked turkey breast, pickles, bacon, chipotle mayonnaise, wisconsin swiss cheese, wisconsin cheddar cheese and avocado on a demi baguette
- **chipotle chicken** 11.99
grilled all-natural chicken breast with fresh mozzarella cheese, grilled onions and chipotle mayonnaise on tomato focaccia bread
- **someone's favorite panini** 11.99
smoked turkey breast, brie cheese, cranberry chutney and romaine on country french bread
- **tuna melt** 11.99
courtney's tuna salad with tomatoes and wisconsin cheddar cheese, grilled on harvest grain bread
add avocado ¼ - .99 | ½ - 1.99
- **pesto beef** 11.99 **NEW!**
roast beef with goat cheese, tomatoes, arugula and nut-free pesto on panini bread
- **chicken zest** 11.99
grilled all-natural chicken breast with roasted red peppers, spinach, wisconsin provolone cheese, nut-free pesto and lemon pepper on panini bread
- **fight club** 11.99
roast beef with tomatoes, onions, pickles, wisconsin provolone cheese, horseradish cream sauce and chipotle mayonnaise on panini bread
- **havana** 11.99
bavarian ham with black forest salami, wisconsin swiss cheese, cilantro, pickles, and yellow mustard on panini bread
- **the grain and grill** 11.99 **NEW!**
grilled all-natural chicken breast, bacon, wisconsin swiss and cheddar cheeses, lettuce, tomatoes and bbq sauce on a harvest grain bread
- **cali-crunch quesadilla** 11.99 **NEW!**
grilled all-natural chicken breast, bacon, cheddar cheese, black beans, green onions, cilantro and chipotle mayonnaise on a grilled flour tortilla
add avocado ¼ - .99 | ½ - 1.99